Cheese Fondue

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Category: Side
Servings: 6
Preparation Time: 15 min
Cooking Time: 20

A note before you start: I like to serve my cheese fondue with the following items for dipping: blanched broccoli, snap peas, cauliflower and roasted carrots. I also include large bread cubes and cornichons.

Ingredients:

1/2 lb of imported Swiss cheese such as Emmenthaler

1/2 lb of Gruyere cheese

2 TBSP of cornstarch or arrowroot

1 clove of garlic

1 cup of dry white wine

1 TBSP of freshly squeezed lemon juice

1 TBSP of cherry brandy such as Kirsch

1/2 tsp of dry mustard

pinch of nutmeg

Directions:

Step 1: Shred both cheeses and place in a bowl together with the cornstarch and toss to coat the cheeses.

Step 2: Cut the garlic clove in half and rub the cut sides of the clove inside the bowl of a fondue pot and then discard.

Step 3: Combine the wine and the lemon juice in a pot and heat on medium heat. Bring to a simmer. Gradually stir the cheese into the simmering wine, stirring gently with each addition. The melting cheese will gradually get to a smooth consistency. Once this happens, add the dry mustard, the cherry brandy, and the nutmeg. stir to incorporate.

Step 4: Transfer the mixture to a fondue pot and keep warm. Enjoy with bread cubes, blanched veggies, or boiled or oven roasted potatoes.

Buon Appetito!



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