Irish Soda Bread

Author: Peggy Flaherty's Mother's "Secret Recipe" Category: Baked Good Servings: 1 9" round loaf Preparation Time: 30 min Cooking Time: 50-60 min

A note before you start:

Thankfully Peggy Flaherty agrees that this recipe is too good not to share! I wanted a large round loaf so I shaped mine as such and baked it on a sheet pan (free form) but Peggy typically bakes it in a greased & floured large loaf pan or 2 medium size loaf pans. I serve mine with orange honey butter (recipe to follow).

Ingredients:

3 cups of all purpose flour
½ tsp of baking soda
3 tsp of baking powder
½ cup of sugar
1 stick of unsalted butter
1 cup of raisins (I used golden raisins and added an extra ½ cup)
1 & ¼ cups of buttermilk (not reduced fat)
1 extra large egg

Step 1: Preheat the oven to 350 degrees. Mix the dry ingredients together with a whisk. Set aside.

Step 2: Cut the cold butter into cubes. Cut it into the flour mixture with a pastry cutter (or 2 forks) until the mixture resembles coarse crumbs. Stir in the raisins.

Step 3: In a separate bowl mix the egg with the buttermilk. Pour over the flour and raisins and mix together. Dough will be sticky. Turn the dough onto a well floured surface and gently knead (about ten strokes) and shape into a round loaf.

Step 4: On a parchment lined sheet pan bake the loaf for 50-60 minutes, (until a tester comes out clean. Cool on a wire rack.

Orange Honey Butter

Author: Jodi Hoffmann Prep time: 10 min

Ingredients:

Zest of one medium orange 1 stick of unsalted butter 1 TBSP of honey

Step 1: place the room temperature butter into a bowl. Add the zest of one medium orange and the honey and mix well.

Buon Appetito!



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